

INTERNATIONAL NURSING STUDENTS.

The second Public Health Course for International Nursing Students, arranged by the League of Red Cross Societies, is being organised at Bedford College for Women, Regent's Park, N.W., beginning in October next. The object of the course is to stimulate interest in Public Health Nursing, and to this end Red Cross Societies in various countries are invited to give scholarships for one year, selecting as the holders nurses of outstanding ability, and holding the highest certificates obtainable in their respective countries.

We believe the suggestion that more definite teaching in practical nursing should be included in a future course did not appeal to the Dean of King's College for Women, Dr. Janet Lane Claypon, who apparently has not yet realised the importance of trained nursing in a curriculum for public health, and further that she does not consider the nursing profession can provide a member capable of lecturing, with advantage, to these students. Such an attitude towards the skilled profession of nursing upon the part of any medical practitioner appears almost incredible in these days.

BEDFORD COLLEGE FOR WOMEN.

(University of London.)

SYLLABUS FOR PUBLIC HEALTH COURSE FOR INTERNATIONAL STUDENTS, 1921-22.

Theoretical.

I.—HYGIENE AND PUBLIC HEALTH.

(Tuesday and Friday, 9-10. 60 hours.)

(a) *Personal Hygiene*: Importance of cleanliness—exercise—sleep, &c.

(b) *Community Hygiene*: Water supply—sewerage—milk supply—housing—sanitation, &c.

(c) *School Hygiene*: Physical conditions affecting health—indications of ill-health and defects—effects of fatigue, employment, &c.—recreation—care of defective, retarded, abnormal children. Schoolroom sanitation.

(d) *Hygiene of Special Senses*: Eye—ear—nose—throat—structure, mechanism, preservation—treatment dangers.

(e) *Prevention of Communicable Disease*: Micro-organisms in relation to disease—modes of attack—resistance of body. Disinfection, &c.

(f) *Oral Hygiene*: Importance of care of Teeth.

(g) *Maternity, Infant and Child Care*: (1) Principles and organisation of Child Welfare work—growth and development of child, mentally and physically. (2) Ante-natal hygiene—Causes of Mortality in infancy—Directions for maintenance of health. (3) Care of mother and infant: Symptoms of ill-health—common infant ailments—treatment and care. General care of infant, feeding, bathing, clothing, &c.

(h) *Food Values, Dietetics, Nutrition*: (1) Principles of Diet; (2) Hospital Dietetics.

II.—TEACHING OF HYGIENE.

Five lectures in Third Term. (Time to be arranged.)

(a) *Theory and Practice of Education.*

(b) *Practice in teaching*: Health talks to mothers—teaching health habits to school children.

(c) *Value of Visual Education*: Illustration of health facts, publicity and exhibit methods.

III.—ELEMENTARY BACTERIOLOGY.

Five lectures, followed by practical work, in First Term. Tuesday, 2-4.

IV.—ELEMENTARY PSYCHOLOGY.

(Including Infant Psychology.) 30 lectures. Tuesday, 10-11.

*V.—MODERN INDUSTRIAL CONDITIONS.

Including Industrial Problems. Thursday, 10-11.

*VI.—SOCIAL ADMINISTRATION.

Thursday, 11-12, followed by a Discussion Class, 12-1.

* Attendance in the Second and Third Terms, when the lectures will be on English conditions and Local Government, will be optional.

Practical Work.

(Two-and-a-half days a week.)

I. Attendance at Child Welfare Centres, Day Nurseries and Children's Hospitals (enabling students to study physical conditions of large numbers of infants and children, helping generally in all activities of clinic, such as weighing, filing records and home visiting). One day weekly.

II. Attendance at a Tuberculosis Dispensary.

III. Experience with District Nursing Associations in City district in order to get some insight into practical bedside nursing work in the homes.

IV. Experience in School Hygiene work—physical examination of children, home visiting, cleansing stations, schools for mentally and physically defective children.

V. About 30 excursions to places of interest in connection with Hygiene and Public Health course.

Classes in Public Health Nursing Subjects.

(To be given or arranged by a representative of the League of Red Cross Societies, with the approval and co-operation of the Principal of Bedford College for Women.)

1. History of Nursing.

2. Principles of Public Health Nursing.

3. Development of Health Visiting and Public Health Nursing in various countries.

4. The responsibilities and duties of the Public Health Nurse in relation to schools, factories, homes, hospitals, out-patient clinics and dispensaries, general public health and sanitation.

5. Development, Organisation and Administration of (a) Visiting or District Nursing, (b) Child Welfare Nursing, (c) Maternity and Infant Nursing, (d) Rural and Small Town Nursing, (e) Clinics and Health Centres—travelling—permanent, (f) Open-air schools.

6. Vital Statistics—use and value to public health nurse.

7. Records and Reports—value and method

8. Ways and Methods of Teaching (a) Home care of sick, (b) First Aid, (c) School Hygiene.

9. Supplementary Lectures: (a) Red Cross Activities, (b) Venereal Disease, (c) Tuberculosis Nursing, (d) Obstetrics, &c., Nursing.

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